

# EASTERTON ECHOES

EASTCOTT AND EASTERTON SANDS

ELECTRONIC ISSUE 4

MAY 2ND 2020

*“There are no strangers living here, only friends that you have yet to meet.”*

## Chairman’s report

Your Parish Council held a virtual PC Meeting (by Zoom) on Monday 27<sup>th</sup> April – which was a first for most of the councillors but enabled us to complete the tasks on the Agenda displayed on the Parish Notice Board opposite the end of Oak Lane.

The meeting was preceded by Councillors holding one minutes silence in sad memory of Councillor Andy Fuller of Eastcott, who lost his battle against Coronavirus on Saturday 25<sup>th</sup> April. The somewhat muted council meeting continued without the benefit of Andy’s humour tempering his input on points of order – we shall miss him.

The coverage of the village by the electronic issue of The Echoes now reaches 81% of households – further use of shoe leather in these difficult times will hopefully ensure that the remaining 43 houses yet to sign up will help to achieve our 100% target. The Boomcast system is proving to be very beneficial for the delivery of important updates and information as well as the Electronic Echoes.

Finally, the forthcoming 75th Anniversary of **VE Day** should still be celebrated, Wiltshire Council has created a special VE Day at home pack to help residents of all ages to celebrate and mark the 75th anniversary of this historic event. With social distancing still in place the VE Day pack contains simple advice and suggestions to have a household garden party on May 8th, which this year is a bank holiday. It would be great to hear the chink of teacups from the gardens and music of the time on the 8th MAY VE Day.

Click on the link below for downloading the VE Day pack:

<http://www.wiltshire.gov.uk/public-health-coronavirus>

With best wishes to all, stay at home and keep safe

Chris Saunders

## The Electronic Echoes Newsletters

There are kind residents who print-off and deliver copies to their neighbours who do not have access the internet. If you are one of those kind neighbours thank you for your help and if you know of anyone else without internet access and would like the Echoes please contact the Parish Clerk [clerk.easterton.pc@gmail.com](mailto:clerk.easterton.pc@gmail.com)

## THE SECURE ELECTRONIC SYSTEM BOOMCAST

An Appeal from the Parish Council: Please, if you know people who haven't yet signed up to the Electronic Echoes and the secure Boomcast system and they wish to do so, please get them to contact the Parish Clerk with their contact details to [clerk.easterton.pc@gmail.com](mailto:clerk.easterton.pc@gmail.com)

or contact Cllr Anthony Snook (details below). All information and data is stored under GDPR regulations and cannot be accessed by anyone not entitled to use it. It will not be used for any purpose other than that for which it has been collected and stored.

## EASTERTON PARISH COUNCIL CORONAVIRUS COMMUNITY SUPPORT

***'A BIG thank you to all the volunteers and neighbours who are helping and supporting those that need help in the event of self isolation and social distancing. Your work is appreciated by all. '***

- Have you been told that you need to self-isolate ?
- Do you need help with essential shopping, collecting medicines or errands?

**Please contact any of us on list below for help**, we will try and organise support from the Easterton Volunteers Group.

## EASTERTON VOLUNTEER SUPPORT CONTACTS:

VOLUNTEER CONTACT	Tel: No:	Email Address
Councillor Victoria Turner	01380 699043 07725 269718	<a href="mailto:victoria@badgerswood.net">victoria@badgerswood.net</a>
Councillor Anthony Snook	07831 116136	<a href="mailto:anthonysnook@tiscali.co.uk">anthonysnook@tiscali.co.uk</a>
Councillor Judy Boyt	01380 818719 07860 242836	<a href="mailto:judy@judyboyt.com">judy@judyboyt.com</a>
Community Volunteer Briony Clarke	07976 798196	<a href="mailto:briony@padesk.com">briony@padesk.com</a>

**BE SAFE, BE ISOLATED BUT DON'T BE ALONE, PLEASE CALL US FOR HELP AND SUPPORT, DON'T WAIT.**

The most up to date advice can be found on the NHS website, click on link below

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

## NHS Updates

### General Health and GP Surgeries

#### **Do not delay seeking medical help for illness, health concerns or injuries through and accident because of coronavirus.**

People living in Wiltshire are being advised not to let worries about coronavirus stop them asking for medical help for themselves or their children if they become ill, have a serious accident or have a concern about their health.

They are also being warned that not seeking medical help for symptoms that could be the early warning signs of serious conditions such as cancer could be putting lives at risk. The warning comes as new data shows a considerable drop in the number of people coming forward to ask their GP for help and advice during the coronavirus outbreak. Recent statistics show that, in Bath alone, the total number of weekly referrals from GPs to the Royal United Hospital have fallen from around 2,000 at the beginning of March to 300 at the end of April.

In Swindon, the average number of patients being sent by their GP to the Great Western Hospital for further investigations into symptoms that suggest cancer each week has dropped by more than 200 to 80.

Dr Ruth Grabham, Medical Director at BaNES, Swindon and Wiltshire CCG, said the statistics made for worrying reading because the drop in numbers “is not because people are not experiencing symptoms.”

“While it may seem that coronavirus has put a stop to most aspects of everyday life, the one thing it hasn’t stopped is what’s going on inside our bodies,” she says. “Now more than ever, we need to pay attention to anything that isn’t normal and seek help early on. “For example, if you notice blood when going to the toilet, or if you’ve found a lump that wasn’t there previously, or if you’ve just noticed something odd that is causing you to worry, you need to speak to your GP.

“Should the symptom be the early warning sign of something serious like cancer, that delay in seeking help could have serious implications for how successful possible treatments may be.”

Although GP practices across the region have adopted new ways of working, such as establishing isolated clinics for potential coronavirus patients, the practices themselves are still open to offer care, treatment, advice and peace-of-mind.

The same also goes for emergency departments at the three hospitals in Bath, Swindon and Salisbury, all of which continue to be open 24 hours a day for people with a genuine and life-threatening health concern.

Additionally, all healthcare facilities in the region, as well as those elsewhere in the country, have put in place stringent infection control measures to ensure that the risk of contracting coronavirus while visiting a hospital or GP surgery remains low.

- Details of which services continue to be open, as well as how to get in contact, Click on this link: [www.bswccg.nhs.uk](http://www.bswccg.nhs.uk)
- For information about local hospital services, please click on the links below: <https://www.ruh.nhs.uk/>, [www.gwh.nhs.uk](http://www.gwh.nhs.uk) or [www.salisbury.nhs.uk](http://www.salisbury.nhs.uk)
- Further information on how to stay well throughout the coronavirus outbreak Click on this link : [www.nhs.uk/conditions/coronavirus-covid-19](http://www.nhs.uk/conditions/coronavirus-covid-19).

## CARER SUPPORT FOR ALL AGES

There is support offered for carers of all ages who might need help, advice and can access the following:

**Carer Support Wiltshire** 0800 181 4118 Mon - Thurs 09:30am -16:30pm

**Wiltshire Parent Carer Council** 01225 764647 Mon - Friday 10am - 5pm

Or email:

[admin@wiltspcc.co.uk](mailto:admin@wiltspcc.co.uk)

## Mental Health Help

A helpline has opened for those struggling with their mental health during the Covid-19 outbreak. A 24-hour support service has been launched by the Avon and Wiltshire Mental Health Partnership (AWP) NHS Trust.

### Launch of mental health hotline for adults

A mental health helpline for adults in Wiltshire, BaNES and Swindon has also been set-up by the Avon and Wiltshire Partnership. Tel: **0300 303 1320**

For more information click on the following link:

<http://www.awp.nhs.uk/advice-support/24-hour-support/>

The mental health 24/7 response line is available around the clock for adults and children seven days a week. *“Our highly trained and skilled staff can offer professional advice, arrange for mental health advisors and clinicians to provide help and support or direct people to the most appropriate service.”*

For more information click on the following link and click on Anxiety in menu bar:

<http://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19anxiety-tips>

### Launch of mental health hotline for children and young people

Anyone concerned about a child or young person’s mental health (or the child or young person themselves) can phone the helpline and speak to mental health experts who will provide advice, guidance and support over the telephone. These helpline will operate 24 hours a day, seven days a week and can be contacted as follows:

**01865 903777** 9am-5pm – weekdays

**01865 901000** 5pm-9am – weekdays and weekends

Helpful resources to support children and young people experiencing worries about coronavirus are also available on the following links websites:

<https://www.oxfordhealth.nhs.uk/camhs/>

<https://www.onyourmind.org.uk/>

Please Note: These helplines above should not be used for situations which are life threatening.

## **UPDATE: RESUSCITATION AND THE USE OF DEFIBRILLATION UNIT.**

**The question** is ‘*What do you do in the event of anyone suffering a cardiac arrest in light of the present virus crisis. How do you help?*’

**The Answer:** The Resuscitation Council UK (RCUK) advice for managing community-based cardiac arrests, which, during COVID-19, puts a keen emphasis on continuing to provide early defibrillation and hands-only CPR with the additional advice of carrying-out visual airway checks only and placing a towel over the patient’s face for improved protection for the rescuer. **(The Defibrillation machine is situated on wall outside the Royal Oak Pub, Oak Lane.)** Click on the link below for further guidance:

<https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-community/>

## **COMMUNITY NEWS**

### **PHARMACY, SHOPS AND DELIVERY IN THE LOCALITY**

We thank the stalwart staff at all these shops who are serving the local communities and villages.

**PRESCRIPTIONS** – Please use the Easterton Volunteer Support Contacts list on page 2.

**The Courtyard Surgery** advises all prescriptions requests are made by either email or post request in surgery post box.

**DAY LEWIS PHARMACY, MARKET LAVINGTON** open 9am -12noon and 2 - 6pm

**Please note the Pharmacy is closed 12 - 2pm for deep cleaning**

### **SHOPS**

**The Co-op. Market Lavington.** Open Mon-Sun 7am - 8 pm.

The dedicated shopping hour for the vulnerable, the carers and NHS staff are as follows:

Mon - Sat. 8am - 9am. Sun. 10am - 11am

**Please note that the over 70's and vulnerable will have priority if there is a queue.**

Please be patient, keep and respect the social distance outside and inside the shop.

<b>Planks Farm Shop</b>	<b>01380 848691</b>	<a href="mailto:enquiries@planksfarmshop.co.uk">enquiries@planksfarmshop.co.uk</a>
<b>Douse &amp; Son Butchers</b>	<b>01380 812344</b>	<a href="http://www.rdouse.co.uk">www.rdouse.co.uk</a>
<b>Walter Rose Butchers</b>	<b>01380 722335</b>	<a href="http://www.walterroseandson.co.uk">www.walterroseandson.co.uk</a>
<b>Heritage Drive Thru</b>	<b>01380 860968</b>	<a href="mailto:drivethru@heritagefinefoods.co.uk">drivethru@heritagefinefoods.co.uk</a>
<b>Heritage Fine Foods</b>	<b>01380 860968</b>	<a href="http://www.heritagefinefoods">www.heritagefinefoods</a> <a href="mailto:sales@heritagefinefoods.co.uk">sales@heritagefinefoods.co.uk</a>
<b>Ashton Farms of Wiltshire</b>	<b>01380 870758</b>	<a href="mailto:sales@ashtonfarms.co.uk">sales@ashtonfarms.co.uk</a>

**Michael Bulling**, Independent Dairyman, **01225 776494** or **07831 477108**

*(Mr Bulling will deliver all basics, bread, eggs, juices, yoghurts and milk to your door in Easterton.)*

**Turners Fire, Market Lavington** **01380 698100**

**The Post Office, Market Lavington** open Mon - Fri 8:45 - 5pm, Sat: 9:00 - 12noon

### **STOP PRESS**

**Which Independent Businesses are open in DEVIZES ?** Look on the website link:

<http://www.indevizes.org.uk/>

**This is a free directory of Independent Traders and services** where you will find the contact details for small businesses and freelancers that are still operating in the locality, such as emergency services of electricians and plumbers, grocers, fresh veg box, garden centres, alcohol sales, online services and many other businesses who are out there. If you are a small business that can operate and offer goods and services, Contact Ida McConnell who operates this online directory site called InDevizes

### **GARDENING**

**Superior Plants of Market Lavington** are able to do **FREE** delivery locally only, for vegetable plants/seedlings, flowers and hanging baskets. For a supply list and to order:

Tony Archer Tel: **01380 813210** or Mob: **07969 661847**

Email: [tony@superiorplants.co.uk](mailto:tony@superiorplants.co.uk)

## **FOR THE DIY's**

**Roses of Devizes 01380 722689** Call with your order between 9am and 2pm, it will be ready for collection between 2pm and 4pm. Open Monday to Saturday, closed Sunday.

## **WILTSHIRE COUNTY COUNCIL UPDATE**

Wiltshire Council has set up a Wiltshire Wellbeing Hub designated specifically for the most vulnerable residents to receive support and guidance during COVID-19. The phone line number is [0300 003 4576](tel:03000034576) and will be open Mon - Fri. 8am - 8pm, Sat & Sun 10am - 4pm.

### **Our staff can:**

- Arrange for the delivery of emergency food parcels where needed
- Connect residents with local community groups who can assist them with support needs
- Resolve any issues with the delivery of medication from a pharmacy
- Give ideas for staying physically and mentally well
- Signpost to other specialist services

**Contact:** [wellbeinghub@wiltshire.gov.uk](mailto:wellbeinghub@wiltshire.gov.uk)

### **Wiltshire Council support for people to stay active and connected**

Wiltshire Council's Active Communities resource page covers a variety of topics, including fitness help, library services that are available online – rhyme times, story times, e-books/ magazines, resources on getting creative through mediums like song, dance, art and literature and opportunities to explore Wiltshire's history.

<http://wiltshire.gov.uk/leisure-active-communities>

## **WILTSHIRE BUSINESS SUPPORT**

The Wiltshire Council estimate there are over 2000 businesses who have not yet applied for a grant. The two Coronavirus Grant Schemes for small and medium businesses are:

- Small Business Grants Fund (SBGF) scheme
- Retail, Hospitality and Leisure Business Grants Fund (RHLGF)

There is still financial support available to help small businesses so don't wait, contact the Council to see if you qualify, please click on the link below:

<http://www.wiltshire.gov.uk/business-advice-support-covid19>

The UK Government has also announced the fast track finance scheme **Bounce Back Loans Scheme** which will start on May 4th and accessed through a network of accredited lenders. Please click on <http://www.gov.uk>

## **THE WILTSHIRE BOBBY VAN TRUST**

The Wiltshire Bobby Van Trust services are still available to those who are over 60 or 18+ with a registered disability. The team of Home Security Operators can still secure the homes of victims house crime and domestic abuse. For any advice and telephone support on any range of home security issues, please call :

**The Office Team**

**Tel: 01380 861155**

For any security awareness, cyber and scam prevention and signposting to future advice and resources, please call The Stay Safe Online volunteers and leave a message

**The Stay Safe Online volunteers**

**Tel: 01380 861191**

## **CHURCH NEWS**

If you would like to contact us for any reason at all whether to request prayers or just to talk, do contact either: Pat Morrison **01380 812357** or The Rev. Marion **01380 816963**

## **TV and RADIO**

Radio Wiltshire - for interesting informative local news, features on Wiltshire communities They also give useful advice and updates through the week, what and where shops and other services are open in the Wiltshire area.

See BBC TV Bitesize for the educational and activities podcasts not just for kids either !

## **FEATURES ON LOCAL COMMUNITY**

### **A WILTSHIRE YEAR *The History of England in One County***

*Author : Greg Pullen. Published by Crowood Press*

When you are asked where do you live, most people can conjure up that you are near Stonehenge and do not realise Wiltshire has so much more to offer. Greg has written this book uncovering not only the numerous places but also the stories and mysteries behind them. He has written this because he loves the County, the countryside and Wiltshire in particular. This is an insight to understand our shared heritage hopefully with plenty of "I didn't know that.." along the way. Wiltshire was invariably was termed the forgotten County but reading this book it will become memorable.

Wiltshire has so much to offer apart from Stonehenge, Lacock (Harry Potter and the birthplace of photography). We live near where the world's most famous Canoe Race starts on the Kennet and Avon Canal (Caen Hill Locks). Brunel based his Great Western Railways in Wiltshire. Crop circles appear, Wadworths Brewery and the Shire horses are in Devizes, Dyson's Headquarters in Malmesbury. The White Horses are carved into chalk hillsides overlooking where *King Alfred won the battle of Ethandune in 878'* and the *Battlefields of the bloody Civil War*. The Army and Royal Flying Corps (that later became The RAF prepared for two World Wars on Salisbury Plain. Concorde first flew in Wiltshire.

Salisbury Plain is the wildest, most untouched open grassland in Europe - This is Wiltshire and is the most wonderful place to live seen through Greg's pen.

This book is written by local Easterton author and journalist Greg Pullen who has lived in Wiltshire for 50 years. He has worked as a chartered surveyor specialising in old buildings and is a motorbike fanatic. Now he has turned his hand to writing and his look at Wiltshire is worth a read.

## **FUTURE IDEAS or FEATURES FOR THE ECHOES NEWSLETTER**

We are constantly tweaking this new electronic Echoes Newsletter to suit our community residents and we would like to introduce the new, features and news on local people or places, forthcoming events, puzzles, and or crosswords We would encourage anyone who would like to do a bit of journalism that would be of interest to different age groups in this amazing community. Contact either:

Judy Boyt: [judy@judyboyt.com](mailto:judy@judyboyt.com) or Anthony Snook [anthonysnook@tiscali.co.uk](mailto:anthonysnook@tiscali.co.uk)

## **EE POP QUIZ No.3**

Don't phone or email your answers in as it's just for fun and answers to this issues quiz will be out next issue.

1. Which duo had a hit in 1991 with their song 'Jealousy'?
2. What was the title of the 2007 duet with Sugababes vs Girls Aloud released for Comic Relief?
3. What is the sub-title to Chic's 1977 UK debut hit 'Dance, Dance, Dance'?
4. Which two actors had a top five hit in the early Nineties with the song 'Kinky Boots'?
5. For which American singer was Jessie J the support act in 2008 for her 'Bring Ya To The Brink' tour?
6. Who is the lead singer with Simply Red?
7. Which famous singer and songwriter had a number one album in 1971 with 'Tapestry'?
8. Can you name the performer who made the top five in 1978 with his almost totally instrumental hit 'Song For Guy'?
9. 'Dancing Queen', 'Knowing Me, Knowing You' and 'Money, Money, Money' were all on what Album?
10. What movie featured the song 'Take My Breath Away'?

Answers to PopQuiz 3 will be in the next EE Issue.

## **ANSWERS for the Pop Quiz No. 2**

1. 1995 2. Barbara Streisand 3. Liverpool 4. James Taylor 5. Dreadlock Holiday  
6. Muriel Smith 7. Coldplay X&Y (2005) 8. Louise Wener 9. Altered Images. 10. Don't Give Up



### **ART IN THE COMMUNITY**

Many thanks for the wonderful 'Rainbow Street Art' for the NHS in White Street by Lucy-Ann and Rosie Skinner who decorated their house and the road last weekend – it certainly put a smile on the faces of people as they saw it on their daily walk” Did anyone do a bit of hopscotch in passing?

### **SHARING IN THE COMMUNITY**

White Street Seed Library has popped up.

Take what you need, add what you don't need and donate if you can. Proceeds go to the Village Hall

